



Base Bulletin

Vandenberg AFB, CA 93437-0759



22 JUNE 2005

No. 25

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items to Base Publishing Management (30SCS/SCBP) via e-mail to [Vandenberg Publishing](#) or fax to 606-6614 by COB Monday (the preceding Friday if a holiday occurs on Monday or Tuesday). Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. **Note:** Include a copy of the 30 SW Form 400 if applicable. All personal requests to advertise rental properties must be cleared through the Housing Office.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 606-5773. After hours, 606-9961

Safety Hazard: Dial 605-SAFE.

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Colonel Gallegos' Farewell Golf Outing: Monday, 27 Jun 05, at Marshallia Ranch, four person Scramble Format. Sign-ins at 1000 and shotgun start at 1100. Prizes for Top Finishers, Closest to the Pin, Longest Drive and Hole-in-One. Sign up as a foursome or individually by contacting [Major Sukla](#), or call 6-8605. (30 SW/PA)

b. Airmen Against Drunk Driving (AADD): Call us; we'll be your wingman! Call AADD at 605-AADD/606-AADD for a free and anonymous ride home Thursday—Sunday, 1700—0500. To volunteer as a driver, contact [SrA David Brown](#) at 6-8483. (533 TRS/DOB)

c. Military Equal Opportunity (MEO): The Equal Opportunity and Treatment (EOT) complaint process is a means for military members, their families, and military retirees to present allegations of unlawful discrimination and sexual harassment to the offending party, someone in a position of authority, or both. When appropriate, complainants should be encouraged to resolve complaints informally before filing formal complaints within supervisory and chain of command channels. For more detailed information contact the 30th Space Wing MEO office at 6-0370. (30 SW/ME)

d. Behind the Wheel Safety: According to the National Sleep Foundation (NSF), too often people work all day, pack their cars, get fuel, and then hit the road without little consideration on how little sleep they've had, and how low their reserves are for staying AWAKE and ALERT behind the wheel. NSF's 2005 poll found that more than 60% of respondents admitted to driving when they were drowsy, and more than 10 admitted to having fallen asleep at the wheel at least once a month. In addition, 90% of North American police officers have stopped a driver whom they thought was drunk, but in reality, was drowsy. The National Highway Traffic Safety Administration estimates that up to 100,000 crashes (per year) reported to police involved drowsiness or fatigue as the principal causal factor for the crash. (30 SW/SEGB, 6-8804)

2. 30th Space Communications Squadron: (30 SCS).

a. Emission Security: EMSEC is a base-level program requiring compliance with equipment and system installation standards as outlined in [AFMAN 33-214, Volume 2](#), Emission Security Countermeasures Reviews. This applies only to classified computers, systems, or facilities. For information on what the VAFB EMSEC program has to offer, check out our [website](#). (30SCS/SCBI, 5-5090)

b. Tentative Closure Dates VTC Facility: Upgrades are from 20 Jun until 1 Jul 05. The 30 SCS Video Teleconferencing Center located in Bldg 8500 is scheduled for a system equipment upgrade. During installation, beginning Monday, 20 Jun 05 and continuing until 1 Jul 05, this VTC will be unable to participate in any videoconferences. These dates are tentative. If the upgrade is completed ahead of schedule, normal operations will resume sooner. Some options may be available for conference attendance during the closure. Please call 5-0397 for assistance. We regret any inconvenience this may cause, and look

TEAM VANDENBERG

forward to serving the base community again when reopen. (30 SCS/SCSVMI)

c. Revised 30 SW Visual Aid: 30 SWVA 36-4, **Civilian Personnel Substance Abuse Program**, dated May 05 is posted and available in the Air Force Electronic Publications Library and the [VEPDL](#). (30 SCS/SCBP).

3. Military Personnel Flight (MPF) (30 MSS/DPMP).

a. Weekly Update: For the most current Personnel information, check out the [MPF Weekly](#) on the MPF Intranet website. (30 MSS/DPM)

b. Undergraduate Flying Training (UFT) Selection Board Announcement: The next Undergraduate Flying Training (UTF) selection board will convene at the Air Force Personnel Center (AFPC), on 10 Jan 06. This selection board will review active duty applications for selection to pilot, navigator or air battle manager training. Those officers with a date of birth after 1 Apr 76 and a TFCSD after 1 Apr 01, who meet all other eligibility criteria, will be eligible to apply for UFT. Applicants must send the completed application, postmarked by 23 Nov 05, to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB TX, 78150-4733. Applicants are responsible to advise commanders/supervisors providing AF IMT 215 comments, of the application deadline. Applications with incomplete or missing data may not be processed. All applicants need to complete the Air Force Officer Qualification Test (AFOQT). In addition, pilot applicants must complete the Basic Attributes Test (BAT). For more information on application procedures, see AFI 36-2205 or contact the Base Formal Training Element at your MPF. (30MSS/DPM)

4. Civilian Personnel Flight: (30 MSS/DPCE).

a. Voluntary Leave Transfer Program: Two Vandenberg AFB employees are currently in need of donated leave: Joy M. Tellier (30 CES/CECE) and Fidel G. Terrones (30 CES/CEOIE). Employees in need of assistance Air Force-wide include: Julie Martin, Dyess AFB; James Fiore, Offutt AFB; Melvin Gaither, Cannon AFB; Roxanne Williams, Whiteman AFB; Eloise Pena, Randolph AFB; Brenda Cherry, Maxwell AFB; Christine Gadz, Rome Lab; Alicia Essex, Hanscom AFB; Emily Knecht, Dobbins AFB; Barbara Holley, Pittsburg IAP; Don Cook and Donnette Dixon, Robins AFB; Ronald Mosley, Selfridge ANG; Angel Sablan, Anderson AFB; Brian Mangerson, Elmendorf AFB; and Carol Vilcek, AF Academy. Guy Nadler, Army Corps of Engineer Memphis District, is also eligible to receive donated leave. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A for Air Force employees or OPM 630-B for non-Air Force employees. Stop by Bldg 11777, Rm B-103 to pick-up and/or turn in your form or access this form online at <http://www.opm.gov/forms/html/opm.asp>. (30 MSS/DPCE, 6-5847)

b. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four conditions are met: (1) the meeting between the employee and management official(s) must be an examination; (2) the examination must be in connection with an investigation; (3) the employee must reasonably believe that disciplinary action may result from the meeting; and (4) the employee must request representation. (30 MSS/DPCE)

5. 30th Security Forces Squadron: (30SFS/SFOS, 5-0792).

a. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30 SFS/SFOS)

b. Unit Security Manager Formal Training: The 30 SFS Information Security staff will conduct a "Security Managers Formal Training Course" on 28—29 Jun 05 at the Airman Leadership School. All units are required to have their respective security managers formally trained within 90 days of appointment. Class hours will be 0800—1600 on both days. Contact your Unit Security Manager or SSgt Scott Wagner, Base Information Security at 6-4354 to enroll. (30 SFS/SFAI)

c. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30 SFS/SFOS)

d. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

6. 30th Civil Engineering Squadron: (30 CES)

a. Water Quality: The Annual Consumer Confidence Report contains information on the quality of Vandenberg's drinking water and the base-wide drinking water system. It will be distributed to all households and buildings on VAFB by 1 Jul 05 and is available for review on the base Intranet website at: https://intranet.vandenberg.af.mil/30_MSG/30-ces/Environmental/index.asp. To obtain an electronic or hard copy of the report, please contact Ms. Holle Vliet, Tetra Tech, Inc. at 739-2600, ext 274, or holle.vliet@tetrattech.com. Garry Sanchez, can also be contacted for questions at 6-7541. (30 CES/CEV)

b. Fire Prevention: Fireworks are not allowed on Vandenberg at anytime. There are several professional firework shows in the local area. Please feel free to participate in the local communities celebrations. The Vandenberg Fire Department wishes you a very happy and safe 4th of July. The POC for the fire prevention staff is 6-4680. (30 CES/CEF)

c. Watering Schedule: Normal and reasonable use of water is not restricted except for yards. Odd numbered houses water only on odd numbered days, even numbered houses water only on even numbered days. Watering should only take place between 0600—1000 and 1600—2000 to prevent rapid water evaporation in the hot afternoon sun. (30 CES/CEH, 6-3477)

7. Traffic Management Office (TMO) (30 LRS)

Shipping Your Pet: If you are PCSing overseas with your pet, the following website contains useful information and web links: [Passenger Policy](#). HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30 LRS/LGRT, 6-7846/47)

8. 30th Medical Group: (30 MDSS/SGSAP, 6-5688)

a. Sugar and Tooth Decay: Did you know that Americans drank more than 53 gallons of soft drinks per person in 2000? Eating patterns and food choices are factors that affect how quickly tooth decay may develop. The culprit of tooth decay is bacteria, called "plaque" that continuously forms on teeth and gums. Every time bacteria comes into contact with sugar or starch, acid is produced, which attacks the teeth for 20 minutes or longer. Several major sources of added sugar that have been identified are carbonated soft drinks, non-sugarless chewing/bubble gum, beer, and juice. Please make sure you limit your intake of these sugary substances to delay tooth decay. (30 MDSS/SGSAP, 6-5688)

b. Access Is Power: TRICARE online is a link to the Internet that allows routine, wellness, and follow-up appointments to be made from home. This was designed in response to a greater need for access and convenience by all beneficiaries. In order to begin this process, a profile must be established with a password. If the password is lost/forgotten, then the beneficiary must speak with Capt Royce Moore at 606-9252. To begin this process, please type in www.tricareonline.com on your web browser and click "go". (30MDSS/SGSAP, 6-5688)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Karen L. Dean
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750. Call 6-5565 for movie information. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Thursday	23 Jun	"House of Wax"	R	1830	1900
Friday	24 Jun	"Kingdom of Heaven"	R	1830	1900
Saturday	25 Jun	"Monster in Law"	PG-13	1830	1900

b. Food Service Events: For more details contact SSgt Bethany Lopez at 6-5496. (30 SVS/SVMF)

Day	Date	Event	Start Time	Location(s)
Monday	4 Jul	Independence Day Meal	1100	Breakers
Thursday	7 Jul	National Strawberry Sundae Day	1100	Breakers

c. Native American/Indian Heritage Month: If you are interested in serving on the planning committee for the upcoming Native American/Indian Heritage Month in November, please contact 1st Lt Robin Markham at 6-0186 or the MEO office at 6-0370. We are in need of volunteers. (576 FLTS/CCQ)

d. Volunteers Needed/Adopt A YMCA: The Lompoc Valley YMCA is looking for a base organization to possibly adopt the YMCA as their community outreach project, or is seeking volunteers to help in painting the exterior of their building. All materials and supplies will be provided to complete this community project. If interested, please contact Mr. Dan Powell at cell phone 717-1850. (30 SW/PA, 6-3595)

e. Military Spouse/Dependent Scholarship: The Military Widows, Central Coast Chapter #44 is proud to offer a scholarship in the amount of \$400 to any spouse or dependent of a military member stationed at Vandenberg AFB, CA. Applications can be picked up at the Retiree's Activities Center, Bldg 10364 (next to the BX and Bowling Alley), between 1000—1400 on Tuesday-Friday. The deadline for submissions is 24 Jun 05. If you have questions you can contact the Retiree Center at 6-5474, Committee Chairperson, Arlene Navarro at 348-3579, or SMSgt Brian Robertson at 6-9815. (30 MSS/CAA)

f. The Satellite Amateur Radio Club: The SARC will participate in a "Field Day" exercise June 24—26. This is an annual event in which Amateur Radio stations throughout North America demonstrate their ability to conduct emergency communications under field conditions, using only portable generators for power. Setup begins on Friday, with radio operations starting at 1100 on Saturday and continuing nonstop for 24 hours. This activity will occur within the fenced compound surrounding the SARC Clubhouse and Station W6AB at Bldg 23100, located at the end of Bishop Road, 3/4 mile southeast of the Vandenberg Tracking Station. Details about Field Day are available on the Internet at <http://www.arrl.org/contests/forms/05-fd-packet.pdf>. For more information about the SARC, contact Dennis Daniel at 937-7804 or Eric Lemmon at 733-4416. (30SVS/SARC)

g. Big Brother Big Sisters: Big Brothers Big Sisters matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Big Brother or Big Sister, broaden a child's horizon, and bring a little magic into both of your lives. Our New Volunteer Orientation and Training will be held on Wednesday, 6 Jul 05 from 1130—1300 at the Family Support Center office located at 723 Nebraska Ave, Bldg. 10525 and also on 7 Jul 05 from 1830—2000 at the Base Library, 100 Community Loop Bldg 10343-A Vandenberg AFB CA. Or, please call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister.

h. Brushes And Blues Volunteers Needed: A team of 2 or 3 Senior NCOs or CGOs is needed for the annual Brushes and Blues Festival in Sept to coordinate all scheduling and logistics. Also, additional volunteers are needed to meet and greet guests, assist with parking and to help with set up and tear down. If interested, please contact the Lompoc Chamber of Commerce at 736-4567. (30 SW/PA, 6-3595)

i. CEAC Annual Fundraiser/Golf Tournament: The CEAC Golf Tournament scheduled for 30 Jun 05 has been cancelled. (30 CES/CEOEM, 6-1614)

j. Vandenberg Top 3 Scholarship: The Vandenberg AFB Top 3 is sponsoring a \$200 scholarship opportunity for any enlisted active duty member. Papers will be accepted from 7 Jul—8 Aug 05. Eligibility requirements are to provide proof of enrollment in an accredited college. For more details, please go to our web site: https://intranet.vandenberg.af.mil/prof_associations/top3/index.html. (614 SOPG/OGV)

k. Airmen Appreciation Barbecue: Free barbecue with Tri-Tip and all the trimmings on Friday, 15 Jul 05, 1100—1500 at Cocheo Park hosted by the Lompoc Valley Chamber of Commerce Military Affairs Committee, the Vandenberg NCOA, and the Vandenberg First Sergeants Council on base. This event is open to all Team Vandenberg E-5s and below and their families, and all returning Deployment members and their families. (30SW/PA, 6-3595)

l. Scuba Diving Class: Classes are forming, so call and sign up now. All books, materials and most of the equipment will be provided. For more information call Bob Johnson at 452-6218 or 737-6201.

Family Support Center: (30 MSS/DPF, 6-0039)

a. Family Services Temporarily Closed: Access to the Family Services is limited until further notice as they move. Anyone relocating to or from Vandenberg can come to the Family Support Center to gain access to the Loan Closet. Donations to the Airmen's Attic are on hold until the Family Services moves into their new location. For more information, call the Family Support Center at 6-0039.

b. Upcoming Classes: To view and register for classes that the Family Support Center offers call 6-0039 or go to www.amc-ids.org/php. Upcoming classes include, Salary Negotiations (Thurs, 23 Jun, 1300—1530),

Home Purchasing/Financing (Fri, 24 Jun, 1330—1600), Heart Link (Mon, 27 Jun 1000—1200), Pre-Separation Briefing, (Tues, 28 Jun, 1530—1630).

Education Center: (30 MSS/DPHE)

a. Change to OTS Selection Board 05OT06: OTS selection board scheduled for 2 Aug 05 has been changed to **ONLY** non-rated. Interested airmen still need to have their applications submitted to HQ AFRS no earlier than 10 Jun 05 and no later than 11 Jul 05. However, **applications arriving after 1 Jul 05 will be considered late** and due to the anticipated volume of applications expected AFRS **cannot** guarantee they will meet the board. Contact the Education office at 5-5903 for more information on the FY 2005/2006 Officer Selection Board schedule.

b. Air War College Seminar: The Air War College Nonresident Program is soliciting eligible officers and federal employees for the seminar program. If you are interested AWC in this manner, enroll online, indicating your preference for group learning. Our homepage is: <http://www.au.af.mil/au/awc/awc-ns.htm>, click on the Student Information System link to begin the enrollment process. Once you've indicated your preference for group learning, contact your local Education Office. They can put you in touch with other similarly minded students. The start date, number of members, and meeting frequency are completely up to the seminar members. This program is open to active duty, National Guard, and reserve O-5 selectees or above, of any component of the US Armed Forces, and DoD civilian employees above GS-13. The first seminar session will be an introductory meeting on 8 Aug 05 at 1630 in the PME Building, 11025. Interested personnel, please contact Mr. Jerry Hert at 5-5903.

Health and Wellness Center: (30 MDOS/SGOAZ, 6-2221)

Tobacco Cessation Class on CD: The HAWC offers a take home version of the Tobacco Cessation Class for individuals who are unable to attend the Wednesday noon classes. Registration takes approximately 30 minutes. For more information please call 6-2221.

Chapel: (30 SW/HC, 6-5773)

a. Worship Schedule:

Catholic Mass:	Saturday	1700	Chapel 2	Protestant Services:			
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

b. Vandenberg Jewish Community Classes: The Vandenberg Jewish Community is offering the following classes: Children's Hebrew and Bar Mitzvah classes, adult Hebrew and religion classes. Classes are held every Tuesday night at 1800 at the Vandenberg Religious Education Center. Please call MSgt Teri Brady at 734-3870, for more information or to enroll.

30th Services Squadron: (30 SVS/SVK, 6-0276)

a. Services Weekly Bulletin: Check out the Services [Weekly Bulletin](#) found on our own 30th Services Squadron website. (30 SVS/SVK)

b. Global Hearts Group: The Global Hearts Group is collaboration between the Family Support Center, Chapel and Services Squadron. It is available to all active duty military families in which the member is deployed, deploying, on a remote, or on a 30+ day TDY. Please contact TSgt Sheila White, 6-0039 or SSgt Bethany Lopez, 6-5496 for more details. (30SVS/SVMX)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Learn Introduction to Computers—a basic class for beginners; Word 2003 Basic, Intermediate, and Advanced; Excel 2003 Basic, Intermediate, and Advanced; PowerPoint 2003; Access 2003 Basic, Intermediate, and Advanced; Project 2000; Publisher 2003; Outlook 2003; PWRR, and LAN Access Training (a class specifically for those in process of getting an e-mail account). Call 6-3771 for more details, or e-mail [James Wooding](#). **NOTE: To register for Workgroup Manager classes, contact TSgt Debra Wheeler.**

b. Computer Tips: PowerPoint: Worried about whether your images and text will be easy enough to read when you give your presentation? A quick way to test if the fonts and sizes you've used are actually legible is to switch to Slide Show view and then stand back 8-10 feet from your computer. Any elements that are hard to read or make out in acceptable detail should be adjusted before it's too late. It's always a good idea to have another person's opinion when testing in this way, since two sets of eyes are better than one!

c. Scheduled Classes: Note: Walk-ins are always welcome!

Class	Date(s)	Time	Bldg
Word - Forms & Tables	22 Jun	1130-1230	Bldg 9360
Excel - Filtering, Sorting, and Subtotals	24 Jun	1130-1230	Bldg 9360
Word - Columns	27 Jun	1130-1230	Bldg 9360
Photoshop Elements	27-1 Jul	1300-1600	Bldg 9360
LAN Access Training	27 Jun	0800-1100	Bldg 9360
Word 2003 Basic	28-1 Jul	0800-1100	Bldg 9360
Office - Customizing Toolbars	29 Jun	1130-1230	Bldg 9360
NetMeeting	1 Jul	1300-1600	Bldg 9360
Outlook 2003 - New Features	1 Jul	1130-1230	Bldg 9360
Outlook 2003	5-8 Jul	1300-1600	Bldg 9360
LAN Access Training	5 Jul	0800-1100	Bldg 9360
Office - Object Linking & Embedding	6 Jul	1130-1230	Bldg 9360

Items for Sale:

For Sale: 2004 Scion XB, silver, 8K mi, 5-speed, 50mpg, rims, tinted windows, power everything, NADA \$16,855, selling for payoff, \$15,000. Call 734-1698.

For Sale: 2004 Honda CR-V EX, white, 17K mi, 2.4 L VTEC, Auto, 4WD, multi CD, A/C, ABS, alloy wheels, CC, moon-roof, PDL/PS/PW, & dual air bags. KBB \$21,010, asking \$20,000. Call 734-1962.

For Sale: 2002 Chev Silverado ext cab, 43.5K, charcoal V8 4.8 Ltr, Auto, 2 WD, excellent condition, \$15,000/obo. Call 740-0290.

For Sale: 2002 Toyota 4x4 Tacoma, 46K miles, SR5, sunroof, locking push button differential, four wheel drive, excellent condition, must sell \$17,250. Call 291-034.

For Sale: 2001 Ford ZX2 Coupe, 4 cyl, 5-speed, A/C, CC, AM/FM cassette, alloy wheels, original owner, KBB \$5,680, asking \$5,400. Please call 260-3429. 9887.

For Sale: 2000 Ford Explorer XLS, gold color, automatic, tinted windows, P/windows/locks. C/C, CD player, 95k mi (5,000 mi left on extended warranty). Asking \$7,500/obo. Please call 588-5590.

For Sale: 1999 Ford Expedition XLT, gold, 67K mi, 5.4L Auto, tow package, multi CD changer and power everything. Excellent condition! It's a great family vehicle, asking \$11,700/obo. Please call 588-7124.

For Sale: 1998 Honda Prelude SH, VTEC, 76K mi, pearl white, w/black interior, 5-speed, loaded, clean car, fun to drive. Asking, \$10,500. Please call 734-5633/717-9462.

For Sale: 1996 Chevy Suburban LT 4X4, 94K mi, fully loaded, complete tow pkg, leather, CD, wood grain interior, running boards. KBB \$8,985, willing to sell for \$8,250/obo. Call Jeremy/Blair at 734-2475.

For Sale: 1995 Buick Century, V-6, fully loaded, clean, very good condition. Asking, \$2,800/obo. Please call Frank at 736-7698/451-1450.

For Sale: 1994 Nissan Sentra, \$2,100. Good running condition! Please call 734-1076/588-9324.

For Sale: 1994 Honda Civic EX white sedan, 4-door, 5-speed manual, A/C, PS/PW/PDL, tilt wheel, CC, AM/FM stereo/cassette, ABS (4-wheel), 164K mi. \$2,900/obo. Call 734-5648/588-0798.

For Sale: 1993 Jeep Grand Cherokee, power seats PW mirrors four wheel drive selling due to PCS restrictions. KBB/\$3,000, asking price \$1,300. Call 734 0181/805 403 9276, ask for Claudia.

For Sale: 1990 Chevy G-20 Conversion van; runs great; good camping or work vehicle; \$1000/obo. Contact Sherman at 928-1978.

For Sale: 2003 Yamaha YZF-R6 2,700 mi, near perfect bike, w/matching helmet, \$6,500/obo. Contact Shawn at 757-1356.

For Sale: 2003 Kawasaki Ninja 250, yellow, 50+ mpg, 6,800 mi, minor cosmetic damage, runs great. Perfect first bike, asking \$1,500/obo. Please call (719) 650-9063 in Lompoc.

For Sale: 2002 Honda Shadow 600cc, 2,987K mi, still under 1 year warranty. Excellent condition, please call 736-7916.

For Sale: (4) GM OEM 8-lug polished aluminum wheels. These are 16x8 wheels that will fit most GM 3/4 ton trucks or Suburbans. The 245/ 75 16 OEM tires are mounted on wheels. \$450/obo. Call 734 9858.

For Sale: (4) Honda silver 16" OEM wheels for \$50/wheel. Retail for \$199/wheel. Call 714-5450 for pictures via e-mail.

For Sale: (4) 17" ENKEI rims for \$500. Call 736-7818.

For Sale: Double stroller, \$25; high chair, \$8; both are in good condition. Boy's clothing size 0-3T, call 734-0969.

For Sale: Kincaid bedroom furniture set, head/foot board, two night stands, armoire and chest of drawers w/ mirror) \$300. Call 348-3305.

For Sale: Wood dresser, \$20; three twin mattresses, \$10 each; one trundle, \$10 and one bed frame \$10. Call 588-9862.

For Sale: King size mattress and box springs, fair condition, \$50/obo. Call 739-0041 after 1700.

For Sale: Large off white fabric sectional sofa, \$375/obo. Round glass top wrought iron base coffee table \$65/obo. Located in Santa Maria. Contact Kristin at 614-4152.

For Sale: Men's med. motorcycle jackets: Tourmaster "Cortech" (TM & C), waterproof (W), black/red & aero stitch, \$150. Gore tex, black, \$200/obo. Men's med. black pants, TM & C +W, \$50/obo. Call 734-2490.

For Sale: Mountain bike: Giant XTC NRS 1 w/extras. Will include 2 sets of tires, 2 HD super light tubes, helmet, shoes/cleats, & bar ends. Perfect condition. Paid \$2,300, asking \$1,600/obo. Call 734-1653.

For Sale: Nordic Trak Pro \$ 50. Call 733-9434.

For Sale: Twin-size mattress, good condition, \$50. Please call 757-7593.

For Sale: Two bronze floor lamps. Pictures available via e-mail, asking, \$50. Call 714-5450.

For Sale: New, stainless step bars for Dodge quad cab 01' & older, \$140. New 3" body lift for a Chevy S-10 ZX-2 1998-03, \$150. 6' cat tree new, \$180, for \$100. New, bike trailer, \$100. Please call 734-2637.

For Sale: King size Tempur-Pedic mattress, \$700. Bed frame on 12-drawer pedestal, headboard with large mirror & bookcases; matching armoire/desk. \$800. Please call John at 735-8640.

For Sale: Stratolounger, oversized brown glider/recliner, \$50. Custom two toned glass/brass light fixture, \$35. Sharp Carousel II microwave oven (large), \$30. Call 733-4110.

For Sale: Complete queen size bed, double pillow top, 4-yrs-old in good condition, \$150. Gold trim mirror, \$50. Both must see. Can e-mail pics. Call 734-6928

For Sale: Bedroom furniture, four piece set (king size mattress, headboard, two nightstands, dresser/w mirror) good condition. Asking \$200. Call 734-9747.

For Sale: "Amico" stroller, \$40; sofa sleeper, \$75; loveseat, \$50; oak entertainment ctr, fits 27" TV, \$100; desk w/side drawers, \$20. All/obo. Call Rose/Paul 264-2358/264-2517.

For Sale: Sharp VL-E630 8mm video camera view cam w/16x zoom, paid \$400, selling for \$175. Sharp black microwave, paid \$110, needs door piece, can be ordered for a few bucks, only \$50. Call 734-1698.

For Sale: Chain-link fence, over 175 ft. Retail, \$600, will sell for \$300/obo. Large dog house, \$30/obo. Side-door for base housing unit with built-in dog door, \$75/obo. Call Jim or Kim at 734-0098.

For Sale: Washer and dryer, \$300 delivered/\$250 pick-up; lawnmower, \$25; weed-wacker, \$35; rocking chair w/ottoman, \$20. Please call 757-7526.

For Sale: Metal finish dining room set round glass top table and four matching chairs. Set is like NEW! But PCS has weight restrictions. Asking price \$100.00 call 734-0181 or (C) 805-403-9276, ask for Claudia.

For Sale: White electric GE dryer, very clean, no scratches, plug for wall included. Moved to Lompoc and had to buy gas dryer. \$150/obo. Call 735-5999.

For Sale: French Mastiff/Rottweiler, very nice dog, must sell, \$400. Call 291-0347.

Free: (2) parakeets, cage, food and treats included. Please call 588-6456 after 1700. For bird lovers only.

Free: 8-year-old Siberian Husky, house trained, and very quiet. Call 757-7526.

Free: Side by side refrigerator and freezer, used in garage for extra storage. Free metal shed. Free, little boy's clothing, sizes 0-2T. Items must be picked up and moved by 22 Jun 05. Please call 734-0969.

Free: 93" by 36" upholstered white couch. Comfortable but needs cleaning. Call 350-0266 for pick-up.

Free: 15-month-old black Lab Retriever mix, housetrained and micro chipped. Great w/kids, other animals, and shots are current. Call Beth at 734-6738.

For Lease: (1) 12-24-month-old slot at the CDC, available 20 Jun—1 Jul 05. Please call Sandra at 937-7127.

For Lease: (1) 6-24-month-old lot and one 24-36-month-old slot at the CDC, available 11 Jul—23 Sep 05. Please call Jennifer at 588-2909.

For Lease: (1) 36-48-month-old and (1) 12-24-month-old slot at the CDC, available 21—31 Jul 05. Please call Sara at 588-4767.